

ANBF Sanctioned

2021 Natural Mountaineer

Bodybuilding, Figure, Bikini and Physique Championships VI Pro/Am

Also Featuring Transformation, Mixed Couples, Pro Classic and Pro Men's and Women's Physique

June 12, 2021

J.E. Broyhill Civic Center

1913 Hickory Blvd. SE

Lenoir, NC 28645

Times: 10:30 am Competitor's check in the day of show.

12:15 pm Competitor's meeting. All must attend.

1:00 pm Show begins and show runs until it is finished (straight thru format).

Entry Fee: EARLY BIRD SIGNUP SPECIAL- Amateur-\$110 with a \$35 crossover fee to other classes. Pro entry \$210/class. Early Bird Deadline is 5/08/2021. After that, Amateur-\$145 with crossover fee of \$45. Pro entry \$260/class. Final deadline to enter is 6/05/2021. **Applications will be accepted after that, but a late charge of \$75 will be added.**

Spray Tanning. Contact Scott Johnson at Blaze Bronzing, email is blazebronzing@gmail.com or call 919-706-5988

Host Hotel is Comfort Inn, 970 Blowing Rock Blvd. NE, Lenoir, NC, Group ANBF

Urinalysis is the testing method of the ANBF. There will be no polygraph testing at ANBF shows this year. Therefore, there will also not be any polygraph fees necessary. The ANBF will be using the 2021 WADA Prohibited List as it is banned substance standard. You, as a competitor, are responsible to know the effects that certain supplements may present. Just because you may have bought it over the counter does not mean it is acceptable in the ANBF. Please research carefully. The WADA Banned List is posted on our website, www.anbfnatural.com as well as the 2021 ANBF Drug Testing Policy.

Eligibility: Open to all amateur and pro athletes who hold an ANBF membership. The ANBF accepts pros from all natural organizations. Membership applications can be obtained online at www.anbfnatural.com, or via email from the ANBF office. Cost of amateur membership is \$95.00. Pro memberships are \$150. The membership is good for a period of one year from date of purchase. You may send in entry form without your ANBF membership number. You will get your card at the show.

Music and routines: CDs, ipods, phones, mp3s, Amateur routines are maximum of 60 seconds. Pros get up to 2 minutes. Props are allowed. Please email your music to DJ Frank at mytwotoyz@yahoo.com

Photography / Video: No outside photography or professional style cameras are permitted. Please contact the Official Show Photographer, <https://site.lancetylerphotos.com/anbf-order> or lance@lancetylerphotos.com for info

Awards: Top 5 competitors in each class and most entertaining stage presentation in the show. All open and master's overalls are ANBF pro qualifiers. If less than 5 competitors, the judges will decide if pro status is earned. If 4 or more pros, top 3 get payouts. If 3 competitors, top 2 get payouts. If 2, first place only gets payout. If only one competitor, they get payout.

Contact information: Kent Bierly, prefer email to [kreb46@comcast.net](mailto:krb46@comcast.net) or you can call, 732-213-6537.

CLASSES:

Women's Transformation

Men's Transformation

Mixed Pairs Couples

Teenage Bodybuilding (ages 13-19)

Men's Bodybuilding Debut (*First time competitors only*)

Men's Bodybuilding Novice

Men's Bodybuilding Open *Classes are set based on entries and check in weights.* *

Men's Bodybuilding Masters (40+, 50+, 60+, 70+) **

Men's Classic Physique Debut (*First time competitors only*)

Men's Classic Physique Novice

Men's Classic Physique Masters 40+**

Men's Classic Physique Open *

Men's Classic Physique Pro

Men's Physique Debut (First time competitors only)

Men's Physique Novice

Men's Physique Masters (40+, 50+) **

Men's Physique Open *

Men's Physique Pro

Women's Physique Debut (*First time competitors only*)

Women's Physique Masters 40+**

Women's Physique Open *

Women's Physique Pro

Bikini Debut (*First time competitors only*)

Novice Bikini

Masters Bikini (35+, 50+) **

Open Bikini *

Classic Masters Bikini

Classic Open Bikini

Women's Bodybuilding Open (1 Class) *

Women's Figure Debut (*First time competitors only*)

Women's Figure Masters (40+, 50+) **

Women's Figure Novice

Women's Figure Open - *Classes are set based on entries and check in heights.* *

*** ANBF PRO QUALIFIER**

**** ANBF MASTERS PRO QUALIFIER**

