

ANBF Sanctioned

2024 ANBF Nationals

Bodybuilding, Classic, Figure, Bikini, Wellness, and Physique Championships Pro/Am
Featuring All Divisions Pro Classes

May 11, 2024

Brick Memorial High School
2001 Lanes Mill Rd.
Brick, NJ

Times: Check-in Friday 5/10. Time and location TBA

PRO SHOW-10:30 am Competitors meeting. 11:00 am show begins and show runs until it is finished (straight thru format). **AMATEUR SHOW-1:30 pm** Competitors meeting. 2:00 pm (approx..) show begins.

Entry Fee: EARLY BIRD SIGNUP SPECIAL. Amateur-\$125 with a \$60 crossover fee to other classes. Pro-\$275 per class entered. Early Bird Deadline is 4/06/2024. After that, Amateur-\$175 with crossover fee of \$75 and Pro is \$325 per class entered. Final deadline to enter is 5/04/2024. Applications will be accepted after that, but a late charge of \$75 will be added.

Host hotel TBA.

Spray tanning – Bronzed Bodies, bronzedbodiesllc@gmail.com for apt.

Hair and Makeup will be provided by Cristy Tate. Contact her at Cristymtate@gmail.com for apt.

Urinalysis is the testing method of the ANBF. There is no polygraph testing at ANBF shows. Therefore, there will also not be any polygraph fees necessary. The ANBF will be using the 2024 WADA Prohibited List as it's banned substance standard. You, as a competitor, are responsible for knowing the effects that certain supplements may present. Just because you may have bought it over the counter does not mean it is acceptable in the ANBF. Please research carefully. The WADA Banned List is posted on our website, www.anbfnatural.com as well as the 2024 ANBF Drug Testing Policy.

Eligibility: Open to all amateur and pro athletes who hold an ANBF membership. Membership applications can be obtained online at www.anbfnatural.com, or via email from the ANBF office. The cost of amateur membership is \$115.00. The cost of pro membership is \$175. You will get \$10 discounts for up to 4 other natural org memberships (total \$40). The membership is good for a period of one year from the date of purchase. You may send in the entry form without your ANBF membership number. You will get your card at the show.

Music and routines: CDs, ipods, phones, mp3s, Amateur routines are maximum of 60 seconds. Pros get up to 2 minutes. Please email your music to DJ Frank at mytwotoyz@yahoo.com. Props are allowed. All competitors will do a stage presentation to song of their choice.

Awards: Top 5 competitors in each class and most entertaining stage presentation in the show. All open and master's overalls are ANBF pro qualifiers. If there are less than 5 competitors, the judges will decide if pro status is earned. If 4 or more pros, top 3 get payouts. If 3 competitors, the top 2 get payouts. If 2, first place only gets payout. If only one competitor, they get payout.

Photography / Video: No outside photography or professional style cameras are permitted. Please contact the Official Show Photographer, <https://lancetylerphotos.com/anbf> for info

If at least 6 competitors in pro class 1st place payout is \$1500, if less, \$1000 first place payout.

CLASSES:

Teenage Bodybuilding (ages **13-19**)

Men's Bodybuilding Novice

Men's Bodybuilding Open *Classes are set based on entries and check in weights.* *

Men's Bodybuilding Masters (**40+, 50+,60+**) **

Men's Bodybuilding Pro

Classic Physique Masters (40+, 50+) **

Classic Physique Open *

Classic Physique Pro

Men's Physique Novice

Men's Physique Masters (**40+, 50+**) **

Men's Physique Open *

Men's Physique Pro

Women's Physique Masters **40+****

Women's Physique Open *

Women's Physique Pro

Wellness Novice

Wellness 40+**

Wellness Open*

Wellness Pro

Bikini Novice

Bikini Masters (**40+, 50+**) **

Bikini Open *

Bikini Pro

Figure Masters (**40+, 50+**) **

Figure Novice

Figure Open - *Classes are set based on entries and check in heights.* *

Figure Pro

*** ANBF PRO QUALIFIER**

**** ANBF MASTERS PRO QUALIFIER**

Contact Kent Bierly with questions or details at krb46@comcast.net or call 7322136537

