ANBF Sanctioned

2024 South Jersey Natural

Bodybuilding, Figure, Bikini, Wellness, Classic and Physique Championships

April 20, 2024

Atlantic Cape Community College 5100 Black Horse Pike Mays Landing, NJ 08330

Times: 10:30 am Competitor's check in the day of show.

11:30 pm Competitor's meeting. All must attend.

12:00 pm The show begins and runs until it is finished (straight thru format).

Entry Fee: EARLY BIRD SIGN UP SPECIAL- Amateur-\$125 with a \$60 crossover fee to other classes. Early Bird Deadline is 2/16/2024. After that, Amateur-\$175 with crossover fee of \$75. Final deadline to enter is 4/13/2024. Applications will be accepted after that, but a late charge of \$75 will be added.

Host Hotel TBA

Spray Tanning by Bronzed Bodies LLC. Email bronzedbodiesllc@gmail.com for info and apt..

Hair and makeup contact Cristy Tate at cristymtate@gmail.com

Urinalysis is the testing method of the ANBF. There will be no polygraph testing at ANBF shows this year. Therefore, there will also not be any polygraph fees necessary. The ANBF will be using the 2024 WADA Prohibited List as it's banned substance standard. You, as a competitor, are responsible for knowing the effects that certain supplements may present. Just because you may have bought it over the counter does not mean it is acceptable in the ANBF. Please research carefully. The WADA Banned List is posted on our website, www.anbfnatural.com as well as the 2024 ANBF Drug Testing Policy.

Eligibility: Open to all amateur athletes who hold a ANBF membership. Membership applications can be obtained online at www.anbfnatural.com, or via email from the ANBF office. The cost of amateur membership is \$120.00. The cost of pro membership is \$175. You will get \$10 discounts for any other natural org memberships you have. The membership is good for a period of one year from the date of your show. You may send in the entry form without your ANBF membership number. You will get your card at the show.

Music: CDs only, a maximum of 60 seconds for amateurs. Props are allowed.

Awards: Top 5 competitors in each class and most entertaining stage presentation in the show. All open and master overalls are ANBF pro qualifiers. If there are less than 5 competitors, the judges will decide if pro status is earned.

Photography / Video: No outside photography or professional style cameras are permitted. Please contact the Official Show Photographer, https://lancetylerphotos.com/anbf for info

Contact information: Prefer email Kent Bierly at krb46@comcast.net or call 732-213-6537.

CLASSES:

Teenage Bodybuilding (ages 13-19)

Men's Bodybuilding Novice

Men's Bodybuilding Masters (40+, 50+) **

Men's Bodybuilding Open Classes are set based on entries and check in weights. *

Classic Physique Novice

Classic Physique Masters 40+

Classic Physique Open*

Men's Physique Novice

Men's Physique Masters 40+**

Men's Physique Open *

Women's Physique Masters 40+ **

Women's Physique Open *

Wellness Novice

Wellness Masters 40+**

Wellness Open

Bikini Novice

Bikini Masters (40+, 50+) **

Bikini Open *

Figure Masters (40+, 50+) **

Figure Novice

Figure Open - Classes are set based on entries and check in heights. *

^{*} ANBF PRO QUALIFIER

^{**} ANBF MASTERS PRO QUALIFIER

Entry Form for South Jersey

ENTRY FEES ARE NON-REFUNDABLE AND NO CREDITS GIVEN

Entry is available online at anbfnatural.com

Or

Print Participants Name

Send To: Pure Focus c/o Kent Bierly, 2055 Rt 88, Brick, NJ 08724, May also pay via paypal to krb46@comcast.net but still must mail in entry form. Make checks or money orders payable to ANBF.

	ENTERING		try form. Wake cheeks of money ofucis payable to ANDr.
, ,			NBF#
Phone #		E	Email
Address		C	City, State, Zip
Height	Age	Weigh	ht
Gym		Occi	upation
present for volunte carelessness on the them or because of I certify that I am person. I acknowledge that and that it will gov In consideration of next of kin, success property damage, pentities or persons. Their directors, off entities or persons negligence of releat I hereby consent to I understand that a legitimate purpose I understand that the challenge, the resurt applicable law. I hereby certify that	eers. I hereby assume all depart of the persons or er f their possible liability we physically fit, have suffice this Accident Waiver are vern my actions and response for my application and permosors, and assigns as follo property thefts or actions: ficers, employees, representationed in this paragrases or otherwise. To receive medical treatment this event or related active by the event holders, prohis is a drug-tested contentation of such drug tests. Univer and Release of Liabiliant I have read this document	of the risks of participatities being released, without fault. iently trained for participatities at said even intting me to participatiting me to participatiting me to participatiting me to participation and kind which mentatives, and agents, aph from any and all int, which may be decivities, I may be photoducers, sponsors, orget and agree to subminless in the case of inty shall be construed ent and I understand	pate in this event, I hereby take actions for myself, my executors, administrators, heirs, hase and Discharge from any and all liability for my death, disability, personal injury, might hereafter accrue to me including my traveling to and from this event, the following at the event holders, event sponsors, event volunteers; (B) indemnify and hold harmless the liability or claims made as result of participation in this event, whether caused by the event advisable in the event of injury accident or illness during this event. It tographed. I hereby agree to allow my photo, video or film likeness to be used for any reganizers and assigns. It to any testing method approved by the contest promoter. I also agree to accept, without acconclusive results, I understand agree that the preliminary results are final. It broadly to provide a release and waiver to the maximum extent permissible under it's contents.
Print Participants 1	Name	Age	Participant Signature
(If under 18 years old, Parent or guardian must also sign)			Date
The undersigned p			sent that he/she is, in fact, acting in such capacity and agrees to save and hold harmless l liability, loss, claim or damage whatsoever which may be imposed upon said parties

because of any defect or lack of such capacity to so act and release said parties on behalf of the minor and the parents or legal guardian.

Date

Signature of Parent or Guardian